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Upcoming Events

Sun, Mar. 23 - Masīḥ Mau’ūd Day

Sun, May. 25 - Khilāfat Day

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Message from Şadr Majlis

My Dear Brothers,

As-Salāmu ‘Alaikum Wa Raḥmatullāh

Let me guess, more than 90% of you do not remember the Şadr’s message from last month.

Think. I shared the content of that message at the ALC—repeatedly, then reminded brothers via emails and phone calls. Here is a hint: part of it is mentioned at multiple places in the 2014 Ta’līm and Tarbiyat Handbook.

The message was about the four priorities of Majlis Anşārullāh, USA for 2014. With the Qur’ānic injunction, “O ye who believe! save yourselves and your families from a Fire” (The Holy Qur’ān, 66 [Al-Taḥrīm]:7) being our top priority.

One of the best ways to accomplish this goal is to schedule our lives around five congregational Prayers. Try these five tips this month.

1. Create an incentive for your family to offer at least one congregational Prayer at home, daily.
2. Create an even bigger incentive for your family to go to the mosque or a

Şalāt center.

3. Break away from the routine of combining Prayers.
4. Whenever possible, offer congregational Prayers with your wife. See, there should be no reason for a couple to not offer their daily Prayers in congregation.
5. Remember, the Holy Qur’ān reminds us to “seek help with patience and Prayer...” (The Holy Qur’ān, 2 [Al-Baqarah]:154). So do not give up if your family does not join you in the beginning. Have patience. Keep praying.

Honestly, I do not mind you forgetting the Şadr’s message from last month. But please remember the message of Allāh and the Holy Prophet (may peace and blessings of Allāh be on him) regarding congregational Prayers. It will save our families from the fire.

Was-Salām,

Faheem Younus Qureshi
Serving Majlis Anşārullāh, USA

Anşār e-Newsletter

Majlis Anşārullāh, USA has launched a bi-weekly e-Newsletter that is distributed to the U.S. Anşār via email. The purpose of the e-Newsletter is to keep our membership abreast of various activities, programs, and services of the Majlis as well share inspiring stories. If you do not currently receive

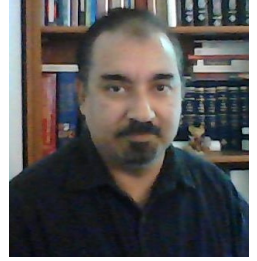
communication from the Majlis via email please subscribe to the mailing list of Majlis Anşārullāh, USA at <http://ansarusa.org/maillinglist/dada/mail.cgi>

Anşār are also encouraged to send their stories that can be shared with other Anşār brothers via e-newsletter or other Anşār publications.

Send your feedback and comments to newsletter@ansarusa.org

Anşār Tahir Scholarship Helps a Nāşir Succeed

Ahmad Masood of Las Vegas Majlis completed his studies to become a Homeopathic Practitioner in recent years at Resonance School of Homeopathy in Reno, Nevada. He received the Anşār Tahir Scholarship from Majlis Anşārullāh, USA that helped him towards the cost of the program. Having completed his studies and program requirements he obtained the license for Advanced Practitioner of Homeopathy. He is currently practicing homeopathic medicine in Las Vegas.



Anşār Tahir Scholarship is offered by Majlis Anşārullāh, USA for vocational training of Anşār to improve their employability. The scholarship is offered to Anşār for up to \$4,000 per year per applicant for a maximum of two year training (maximum amount is \$8,000 per applicant). The scholarship is granted on “first come, first served” basis. There is no deadline for the application. In most cases payments are made directly to the training institution. Applications should be submitted through the local Za’im Anşārullāh. Applicants are selected based on the following criteria:

- The applicant is a bona fide member of Majlis Anşārullāh, USA in good standing.
- The applicant has identified a new or alternate career path and is capable and willing to undertake successful completion of the proposed training.

For more information, please contact Munawar Saqib, Qā’id Finance, at ansar@saqib.net or 856-495-6421.

Living a Healthy Lifestyle as a Nāşir

Rashid Syed, Los Angeles

On February 2, 2014, I ran Surf City Huntington Beach Half Marathon, 13.1 miles, along with approximately 28,000 runners. I have been running for as long as I remember but I have been running half marathons since 2009. Not only does it help me stay healthy it also helps raise funds to benefit causes such as Alzheimer’s Cure Research Foundation, American Liver Foundation, Cops for Kids with Cancer, and many more.

In 2005, I experienced lower back problem. The doctors advised for a back surgery to repair the bulge in my disc but I decided not to let the doctors cut open my back; instead, I started exercising more. That was the best decision I have ever made. I continued running and I am not sure what happened but my back pain disappeared. I have not seen a doctor for my back since 2005.

In 2008, the doctors found out that I had blockage in 3 arteries. After many examinations, the doctors decided not to do a bypass or place any stents. They decided to treat my condition with medication. After two months of rest, the doctors decided that it was safe for me to resume running. I was determined to treat myself with diet and exercise. I got more aggressive in running.

I am a living example of the fact that discipline, determination, motivation, watching diet, and doing a little exercise can cure many health conditions. Everyone experiences aches and pains with the age but at age 66, I feel pretty good about my health.

I would encourage my Anşār brothers to keep a healthy lifestyle by doing exercise and eating healthy. However, if you are not in the best of health, please do not start running 13.1 miles based on my experience rather consult your physician or Qā’id Health (qaid.health@ansarusa.org) before you start running.

I am not a doctor but I would recommend the following best practices to keep a healthy lifestyle.

- Start with a 15-20 minute walk everyday and increase as you continue.
- Watch your diet and cut down on fatty food.
- Get a regular physical examination at least once a year and monitor your blood pressure, cholesterol, sugar, kidney, liver, etc.
- Get colonoscopy every 10 years after the age of 50.
- See an eye doctor once a year.
- Visit a dentist at least once a year.

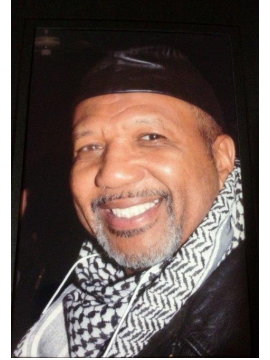


Send us your stories of brotherhood, experience at National Ijtimā’, or any other spiritual experience that we can share with other Anşār brothers. Send your stories to newsletter@ansarusa.org

That Defining Moment—When My Heart Bonded with Islām, Aḥmadiyyat, and Khilāfat

Habeeb Shafeek Jr., Orlando

It was December 1973. We were under the Jalsah Sālānah stage marquee, in Rabwah, on a beautiful, crisp, cold, but sunny day. Ḥaḍrat Khalīfatul Masīḥ III (may Allāh shower His mercy on him) had just stepped to the podium, and began speaking to a sea of stoic and eager believers. In those days, there was no simultaneous translation. The foreign, non-Urdu speaking delegates were arranged in clusters of four or five. Each cluster was assigned a Khādīm who served as that group’s translator. Our translator was very capable and enthused to have this duty. Our beloved Imām would speak a few phrases, and our translator who would be standing, listening with rapt attention, would then kneel back down and give us a sweet gist of Ḥuḍūr’s Urdu words in English. His enthusiasm was not just in the honor to serve us but to be in the marquee in close proximity to the Khalīfah of the time.



This coordination worked well for a period of time but then something very peculiar happened. All of a sudden, the translator was standing up longer, and we were sure we were losing precious context. He became so engrossed and captivated in the Khalīfah’s message that pretty soon it was obvious to us that Ḥuḍūr’s speech and our translations were not in synch. We did not have the faintest idea that we were about to become the direct objects of Ḥuḍūr’s address. It was clear that the Amīr of the foreign delegation, Dr. Muzaffar Ahmad Zafar of Dayton, was becoming very anxious—and somewhat annoyed—at the lack of timely translation by our “mesmerized” young translator. In a low but commanding voice, Dr. Zafar said, “What is Ḥuḍūr saying? We are missing way too much.” Our translator replied respectfully, “Sir, I am coming...one moment sir.” Brother Zafar replied sharply, “We have missed too much already.” He said, “Please sir, I am coming, I will be with you in a moment.” Our translator was indeed transfixed on the face and words of our beloved Khalīfah. Then, it happened. We were seated to the left of the Khalīfah as he faced the thousands in the Jalsah Gah. Our beloved Imām took off his glasses, turned his head to the left, extended out his arm fully toward us, and sweetly beckoned all of the male foreign delegates, “Stand Up! Stand Up!” We obeyed immediately—without knowing why? All we knew was that our Khalīfah said, “Stand Up, Stand Up.” And we humbly did so! Suddenly, there erupted the most thunderous sound I had ever heard in my life! Na’ra-i-Takbīr, Allāhu Akbar! The Na’ras (slogans) continued and Ḥuḍūr allowed this fervent gathering of tens of thousands an unusually long time to release and express this breathtaking, resounding, and most amazing expression of emotion. Our small—somewhat confused group—still did not know what was happening?

As our humble foreign delegation looked out at the sea of excited believers, I could see thousands of faces crying, and I was dazed with profound curiosity. Why, I wondered? Our young translator was crying profusely. He looked helpless, wanting to perform his duty yet overwhelmed with emotion. As this enormous crowd continued this outpour of expression, I could see our Khalīfah was smiling and indulging this outpour. We implored of our translator, “What is happening? What is going on?” He quickly got a grip, squared his shoulders, and said, “As you could see on your way to the Jalsah Gah, government soldiers are now occupying our city of Rabwah. Near the railway station, there is a huge wall with the phrase painted on it with the revelation of the Promised Messiah (may peace be on him), ‘I shall cause thy message to reach the corners of the earth.’” He continued, “These government soldiers have been ordered to erase this slogan which is in both Urdu and English. So our beloved Khalīfah was speaking to these soldiers in a very sweet and lovely tone. He said to these soldiers, ‘you may erase the words that are on that wall. You may even remove the wall on which the words are written, but my dear soldiers, what are you going to do with these individuals standing up here who are not words, but they are the living fulfillment of those words and that prophecy, what are you going to do with them?’” So, as Ḥuḍūr proposed this question to the soldiers and asked us to stand up; the Jalsah Gah erupted into a fury of excitement and incredible words of praise. After Ḥuḍūr’s speech concluded, it was time to leave the Jalsah Gah. Hundreds of people began to come up to all of us to embrace us, to shake our hands, to touch us. It was the most overwhelming experience I had ever had to this day in my life. I hugged and embraced and touched so many Jalsah attendees before I could even get to my shoes. Then as we begin to walk back to our guest quarters, we were assailed yet again with waves of individuals who wanted to just shake hands and embrace us. When I got back to the guesthouse, my body felt like it had had a rigorous workout at the gym!

This was indeed that defining moment in my life. I was 21 years old. While I was born an Aḥmadī, it was at that moment when my Khalīfah said, “Stand Up, stand Up,” which became the defining moment when I bonded with Islām, Aḥmadiyyat, and Khilāfat. That was the moment I became an Aḥmadī, Alḥamdulillāh!

Anṣār membership dues: 1% of yearly (take home) income; non-earning members: \$24 yearly

Ijtimā’ dues: 1/8th of Anṣār membership dues (0.00125% of yearly take home income); non-earning members: \$12 yearly

Publication dues: \$10 yearly; non-earning members: none

Ta'limul Qur'ān: Assigned Verses for Memorization

As prescribed in Ta'limul Qur'ān syllabus of Majlis Anṣārullāh, USA, verses 1-15 of Sūrah Al-Ṣaff (Chapter 61) are to be memorized with split meaning during the year 2014. Verse 6 is assigned to be memorized with split meaning during the month of March.

We are the Helpers of Allāh!

During the month of January, many Īthār [Eesaar] (Social Services) activities were carried out in various Majālis. A total of 846 man-hours were spent in Īthār activities and 41 members were helped in finding jobs. Highlights of Īthār activities in various Majālis during the month of January is as follows.

Alabama-TN: Helping the homeless. **Baltimore:** Food for the homeless. **Brooklyn:** Helping in transportation, immigration matters, medical affairs, finding jobs. **Central Jersey:** Snow removal at mosque. **Charlotte:** Food banks. **Cypress-Houston:** Transportation for a child in absence of his mother. **Dallas:** Meals on Wheels—29 meals delivered to homes; Feed the Hungry—216 meals were prepared and distributed to homeless people; Anṣār gave rides, donated money and goods to charity, helped neighbors, dispensed homeopathic medicine to members, and served at the ALC. **Dayton:** Mosque cleanup; medicine to the sick. **Chicago East:** Helping neighbors, families, and friends. **Detroit:** Help with Ḍiāfat, weekly cleanup, and shoveling of snow at mosque; helped with funeral arrangements; helped a newly arrived family. **Fitchburg:** Mosque cleanup; serving dinner monthly at homeless shelter. **Houston North:** Help in finding jobs. **LA East:** 2 Anṣār physicians provided free medical service; provided ride to 5 members to Friday Prayer; 5 members donated items to charities; 3 members helped a migrated family in moving. **LA Inland:** 80 meals prepared and served weekly at a local shelter; a Nāṣir provided social services weekly at a church. **Las Vegas:** Clothes donated to charity. **Laurel:** Weekly medical camp; helped with Ḍiāfat at mosque. **New York:** Help with burst pipe at mosque; helped with Ḍiāfat at mosque; helped a family with funeral arrangements; ride to a non-Aḥmadi member; helped elderly neighbor with snow removal. **North Jersey:** Helped 3 members with financial and tax questions. **Philadelphia:** Feeding the homeless twice a week. **Phoenix:** Feeding the homeless. **Rochester:** Helped at mosque with burst pipe. **San Diego:** A Nāṣir built storage cabinet for the center. **Seattle:** Weekly hospital visits to 2 brothers; food preparation. **Silicon Valley:** Monthly food bank. **Silver Spring:** Help with Ḍiāfat at mosque. **St. Louis:** Regular visits to an unemployed Nāṣir. **Willingboro:** Food pantry; help with Ḍiāfat and cleanup at mosque. **York:** Helping asylee family; helping families in need with personal chores.

**Send detail and pictures of your local and regional events and
Anṣār news via e-mail at newsletter@ansarusa.org.**



To access materials from various departments of Majlis Anṣārullāh, USA, archives of Anṣār periodicals, calendar of events, and other useful information and tools, visit ansarusa.org.

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